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# Health Care Occupations

The mission of the Health Care Occupations Program is to build skills and knowledge to enable students to become effective and efficient members of the healthcare team. In addition, our purpose is to encourage students to consider health care professions as an opportunity for employment in the workforce.

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## LENGTH OF COURSE

Full-time semester: 540 hours

Part-time semester: Varies by class

## ENROLLMENT

August, January

## TRAINING HOURS

Students may choose to attend the Health Occupations Program as a full-time student, or they have the option to take courses independently as stand-alone classes. Full-time students attend classes at ATC for 6 hours/day and include Certified Nurse Aide Training, Medical Terminology, and Professional Skills in Health Care. A total of 14 credits through UAF is earned after successful completion of this full-time program. Homework is required.

## PREREQUISITES

- High school graduation or GED. Mathematics and reading skills are essential for achieving success in training programs. High school seniors may be accepted into the Nurse Aide program based on good academic standing.

## INDUSTRY CERTIFICATIONS

- Certified Nurse Aide (CNA): Upon successful completion of the ATC Nurse Aide training program, students may sit for the State of Alaska Nurse Aide Written and Skills Exams to become a state Certified Nurse Aide.
- Personal Care Attendant (PCA): Students may opt for Alaska State Certification as a Personal Care Attendant (PCA) after completing the requirements for the PCA program.
- Emergency Trauma Technician (ETT): After completion of this training, students will be credentialed as an Emergency Trauma Technician through the Southeast Region EMS Council, Inc.
- Basic Life Support (BLS): American Heart Association (AHA) Basic Life Support for Healthcare

- 10<sup>th</sup> grade reading level by exam. TABE tests scores for this training must be at the 10<sup>th</sup> grade level:

Reading	597-616
Mathematics	627-656

- Students who are not testing at 10<sup>th</sup> grade reading level may be accepted into the Health Occupations Program on a probationary status. They will be required to participate in remedial instruction through the Adult Basic Education (ABE) department. Remedial instruction is integrated into the full-time training and is available to all ATC students.
- Students must complete a 2-step negative TB screening within last year, and have proof of immunity to chicken pox, MMR, and Hepatitis B.
- Basic computer skills are desired. Testing, grading, and some projects are done electronically.

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Professionals is a 2-year certificate for CPR/AED training. This certification is required for all health care providers.

## **PROGRAM REQUIREMENTS**

- Nursing Aide students are required to complete a minimum of 48 hours of clinical training at Maniilaq Health Center. Prior to clinical training, students are required to complete a fingerprint application for state and national criminal background checks.
- Students must pass an industry drug test prior to participation in clinical training at Maniilaq Health Center.
- Medical scrubs are required for clinical training, and the ATC Health Occupation's fees include \$250.00 for students to purchase personal scrubs to use during clinical training and for their future employment after training is completed.
- Nursing students will be required to assist residents and patients; therefore, they must be in good physical condition. Physical requirements for nursing students are to be able to lift and carry at least 40 pounds, be steady on feet for long periods of time, and work nights and early morning shifts.
- Nurse Aide and Personal Care Attendant students are required to be proficient in CPR and become certified in Basic Life Support (BLS) for Health Care Professionals prior to completion of the training program.

## **PROGRAM COURSES**

### **Nurse Aides Training**

Health 107      UAF 9 credits

Nurse Aide training teaches basic nursing skills necessary to assist the nurse aide to be an efficient member of the health care team. Students learn positive communication skills while providing care of residents' physical and emotional needs in a variety of health care settings. Content satisfies the theory and clinical skills necessary to take the State of Alaska exam to become a Certified Nurse Aide. To apply for State CNA certification, students must submit a completed application:

- Personal identification information and signature of applicant.
- Appropriate fees, and
- Fingerprint application for state and national criminal justice background check

### **Introduction to Health Careers**

Health 105      UAF 2 credits

This entry level course is an introduction to health careers and the psychology of patient care. It is designed to familiarize students with the various career opportunities in the medical professions. Students will be exposed to a variety of Health Care career choices and will gain information on the education and certification required for many health professions.

Students will learn skills necessary for their healthcare pathway including working with others,

legal and ethical responsibilities, communication skills, as well as cultural issues in healthcare. Students will also understand the job forecast and the critical need for health care providers in rural and urban Alaska.

### **Professional Skills in the Workplace**

Health 110      UAF 3 credits

This course presents skills to ensure success for the professional secretary, receptionist, medical worker and all other health related careers. Emphasis will be placed on the student's understanding of legal and ethical issues in health care, professional conduct, interpersonal relationships, problem solving, decision making, accepting personal responsibility and self-management. Working as a team member is highly emphasized. Instruction also includes interview skills, business manners, customer service, and dressing for success. Students will understand the roles and responsibilities of different members of the health care team.

In addition, students will participate in creating a personal resume, job search training, and applying for jobs online. Students will participate in communications training and a mock interview process.

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**Medical Terminology**

Health 100      UAF 3 credits

This course is the study of medical terminology, including analysis and origin of word roots, prefixes, and suffixes. The goal of the course is to introduce students to a wide range of medical terms and provide them with the knowledge and skills to build, spell, and define complex medical terms. Students will also gain a solid foundation in understanding the structure and function of the human body. This course is an excellent precursor to prepare students to enroll in BIO 111/112 Anatomy and Physiology.

**Emergency Trauma Training**

EMS 157      UAF 3 credits

In this course, students will acquire basic emergency care knowledge and skills in order to provide the first emergency care. The objective of the first person on the emergency scene is to recognize the needs of the victim and deliver quality care to the patient, minimizing discomfort and preventing further complications. Students will meet the Alaska State regulations for Emergency

Trauma Technician, including knowledge and skills to provide emergency care in the following areas: patient assessment, CPR, shock management, oxygen therapy, soft tissue injury, splinting fractures, trauma assessment and extrication, burn management, environmental emergencies, child birth and common medical emergencies.

**Personal Care Attendant**

Health 111      UAF 4 credits

This course is an introduction to patient care and basic nursing skills for Personal Care Attendants (PCAs). Students will learn skills necessary for their healthcare pathway including working with others, communication skills, legal and ethical responsibilities, and cultural considerations in the healthcare industry, problem solving, decision making, accepting personal responsibility and self-management. Students will acquire basic nursing skills to provide patient care within the scope of the PCA role. Students will also understand the roles and responsibilities of different members of the health care team.